

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Turkey Pot Pie w/ biscuit top Broccoli Fruit Cookie	2 Oven Fried Chicken Pickled Beet Salad Rice Pilaf Fruit Dinner Roll	3 Tuna Melt Pasta Salad Sun Chips Fruit	4 Teriyaki Chicken Bowl w/ Rice, Chicken, and stir fry veggies. Egg Roll Fruit
7 <u>Labor Day!</u> Closed	8 Egg Salad Sandwich Lentil Soup Dilled Cucumber Salad Fruit	9 Meatloaf w/ mashed potatoes and gravy Steamed Carrots Fruit Dinner Roll	10 Chicken Fajitas w/sour cream and salsa Black Bean Salad Spanish Rice Fruit	11 Grilled Turkey and Cheese Sandwich Baked Potato Soup Pudding
14 Swedish Meatballs over egg noodles Steamed Carrots Fruit Dinner Roll	15 Chicken Salad on Croissant with lettuce and tomato Fresh Veggies and Dip Chips Fruit	16 Baked Fish Wild Rice Steamed Vegetables Dinner Roll Fruit	17 Club Sandwich Minestrone Soup Cookie Fruit	18 Sweet and Sour Chicken Steamed Rice Stir Fry Veggies Fruit
21 Pork Chop Patty and Gravy Scalloped Potatoes Steamed Vegetables Fruit Dinner Roll	22 Lasagna Breadstick Steamed Broccoli Fruit	23 Taco Salad w/ beef, cheese, sour cream, lettuce, salsa, and chips. Refried Beans Fruit	24 Grilled Chicken Sandwich w/ lettuce and tomato Potato Wedges Pea and Cheese salad Fruit	25 Salisbury Steak w/mashed potatoes and gravy Mixed Vegetables Fruit Dinner Roll
28 Vegetable Quiche Roasted Potatoes Yogurt Muffin Fruit	29 Lemon Pepper Pollock Baked Potato w/ Sour Cream Steamed Veggies Fruit Dinner Roll	30 Stuffed Shells w/ marinara and parmesan Italian Salad Breadstick Fruit		

1% milk, 2 oz of whole grain, and fortified margarine are available with all meals. *All fresh produce is subject to availability. Substitutions may be made without notice.*

Suggested meal donation for eligible persons is \$5.00. For non-eligible persons, cost is \$9.00 per meal