

Monday	Tuesday	Wednesday	Thursday	Friday
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4	5	6	7	8
Spanish Omelet Hashbrown Yogurt Cup Muffin Fresh Fruit	Grilled Pork Chop with Mango Chutney Yellow Rice Green Beans Naan/Applesauce	Minestrone Soup Chicken Salad on Croissant w/Lettuce and tomato Potato Wedges Pears	Clam Chowder Baked Herb Salmon Wild Rice Collard Greens Fresh Fruit/ Corn Muffin	Arugula Salad Garlic and Ginger Braised Chicken Baked Potato w/ Sour Cream Dinner Roll Peaches
11	12	13	14	15
<b><u>No Lunch</u></b>  <b>Holiday Observance</b>	Sweet and Sour Chicken Steamed Rice Stir Fry Veggies Egg Roll Mandarin Oranges	Garden Salad Swedish Meatballs over Egg Noodles Peas Dinner Roll Fresh Fruit	Pea and Cheese Salad Crispy Baked Pollock Roasted Potatoes Fresh Chocolate Chip Cookie Pineapple Breadstick	Stuffed Peppers Rice California Vegetables Peaches Dinner Roll
18	19	20	21	22
Macaroni and Cheese Pickled Beet Salad Peas Tropical Fruit Dinner Roll	Broccoli Salad Grilled Chicken Sandwich w/ Lettuce and tomato French Fries Pears	Steak Quesadilla w/salsa Shredded Lettuce Salad Spanish Rice/ Beans Churro Fresh Fruit	Coleslaw Fish and Chips w/ Tarter and Ketchup Dinner Roll Mixed Fruit	Pot Roast Mashed Potatoes w/Gravy Garden Vegetables Dessert Dinner Roll
25	26	27	28	29
Shepherd's Pie Honey Roasted Carrots Peaches Fresh Biscuit	Teriyaki Chicken Bowl w/rice and steamed vegetables Dinner Roll Mandarin Oranges	Stuffed Shells w/ Marinara and Parmesan Italian Blend Vegetables Garlic Bread Fresh Fruit	<b><u>No Lunch</u></b>  <b>Holiday Observance</b>  	<b><u>No Lunch</u></b>  <b>Holiday Observance</b>

1% milk, roll are available with all meals. *All fresh produce is subject to availability. Substitutions may be made without notice.*

Suggested meal donation for persons 60+ is \$4.00. For under 60 cost is \$8.00 per meal