



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Broccoli Cheddar Baked Potato w/ sour cream Black Bean Salad Dinner Roll Diced Peaches over Tapioca Pudding	2 Chicken Divan Casserole Steamed Rice Broccoli Slaw Pineapple Dinner Roll	3 Tomato Bisque Soup Grilled Cheese Side Salad Orange Slices	4 Lasagna Breadstick Broccoli Fresh Fruit Cookie
7 Pork Carnitas street taco topped w/ cilantro, avocado & onion Fiesta Salad Spanish Rice Pears	8 Herb Grilled Pollock Rosemary Potatoes Garden Vegetables Applesauce Dinner Roll	9 Tender Beef Strips w/ mushroom gravy Green Beans Dinner Roll Fresh Fruit	10 Pork Chop Patty and gravy Scalloped Potatoes Dilled Carrots Apricots Dinner Roll	11 BBQ Pulled Chicken on bun Broccoli Salad Potato Wedges Mixed Fruit
14 Salisbury Steak Mashed Potatoes and Gravy Scandinavian Vegetables Peaches Dinner Roll	15 Vegetable Quiche Roasted Potatoes Yogurt Muffin Pineapple	16 Parmesan Crusted Tilapia Garden Salad Wild Rice Dinner Roll Applesauce	Oktoberfest 17 Bratwurst w/sauerkraut and peppers/ roll Bavarian Potato Salad Apple Strudel	18 Oven Fried Chicken Rosemary Potatoes Green Beans Pears Dinner Roll
21 Chicken Alfredo Garlic Bread Winter Mix Vegetables Fresh Fruit	22 Hot Turkey Sandwich w/mashed potatoes and gravy Capri Vegetables Tropical Fruit	23 Crispy Fish Fillet on Hoagie Roll w/ Lettuce and Tarter Coleslaw French Fries Pineapple	24 Spaghetti w/ meat sauce Garlic Bread Broccoli Fresh Fruit	25 Lemon Pepper Drumsticks Harvest Rice Pilaf Broccoli Florets Mandarin Oranges Dinner Roll
28 Sausage Lentil Soup Egg Salad Sandwich Chips Applesauce	29 Meatball Stroganoff over egg noodles Steamed Carrots Dinner Roll Fresh Fruit/ Cookie	30 Grilled Chicken Sandwich w/ lettuce and tomato Sweet Potato Fries Fresh Chocolate Chip Cookie Peaches	Halloween 31 BBQ Rib Sandwich Coleslaw Tater Tots Pumpkin Bar Apple	

1% milk is available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.

Suggested meal donation for eligible persons is \$4.00. For non-eligible persons, cost is \$8.00 per meal