

Monday	Tuesday	Wednesday	Thursday	Friday
1 Grilled Turkey and Cheese on Flatbread Potato Salad Chips Apricots	2 Egg Salad Sandwich Chips Carrot Sticks Cookie Fresh Fruit	3 BBQ Rib Confetti Coleslaw Baked Beans Watermelon Iced Tea	4 <u>Closed: Holiday</u> 4 th of July	5 Turkey Cranberry Wrap Broccoli Salad Chips Fresh Fruit
8 Roast Beef and Cheddar on Kaiser Roll Pea and Cheese Salad Sun Chips Peaches	9 Oven Fried Chicken Rice Pilaf Brussel Sprouts Tropical Fruit Dinner Roll	10 Baked 3 Cheese Pasta w/ Meat Sauce Winter Mix Vegetables Garlic Bread Fruit Mix	11 Tuna Salad Sandwich Chips Cookie Fresh Fruit	12 Golden Baked Chicken w/ Rice and Gravy Country Vegetables Peaches Dinner Roll
15 Chicken Alfredo Garlic Bread Steamed Broccoli Fresh Fruit	16 Country Fried Steak w/ mashed potatoes and gravy Green Beans Mandarin Oranges Dinner Roll	17 Crab Louie Salad: Romaine, Tomato, Cucumber, Boiled Egg and Crab Salad. Thousand Island Dressing Dinner Roll Fresh Fruit	18 Mac and Cheese Pickled Beet Salad Steamed Broccoli Dinner Roll Pears	19 Chicken Salad on Croissant Fresh Veggies w/ Dip Chips Diced Peaches on Tapioca
22 Cabbage Rolls Rice Steamed Carrots Applesauce	23 Spaghetti with Meat Sauce Garden Vegetables Fresh Fruit Garlic Bread	24 Fish and Chips w/ tarter Coleslaw Cornbread Apricots	25 Chicken Caesar Salad Breadstick Cookie Fresh Fruit	26 Turkey on Hoagie w/ Slaw Potato Wedges Fresh Fruit
29 Stuffed Shells w/Marinara and Parmesan Garden Vegetables Peaches Garlic Bread	30 Chicken Pita Pocket w/ lettuce, tomato, cucumber, and Tzatziki sauce French Fries Watermelon	31 Crispy Chicken Salad w/ Romaine, Tomato, Cucumber, Cheddar and Chicken Breadstick Fresh Fruit		

1% milk is available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.

Suggested meal donation for 60+ is \$4.00. For under 60 cost is \$8.00 per meal