

# JULY 2024

July calendar of events brought to you by:



| Mon  | Tue   | Wed   | Thu   | Fri  |
|--|---|---|---|--|
| <p>1</p> <p>9:00 Chair Yoga<br/>9:00 Knit &amp; Crochet<br/>9:30 Fitness Class<br/>12:00 Lunch<br/>12:30 Fiber Arts<br/>12:30 Canasta<br/>12:30 Art Class</p>    | <p>2</p> <p>9:00 Transportation*<br/>9:00 Foot Care*<br/>10:00 Tai Chi<br/>12:00 Lunch<br/>12:00 Party Bridge<br/>12:30 Social Hour<br/>12:30 Games<br/>1:00 SnoIsle Tech Hour<br/>1:00 Cards of Encour.</p>  | <p>3</p> <p>9:30 Fitness Class<br/>9:30 Quilting<br/>10:00 Notary*<br/>10:00 Creative Crafting<br/>12:00 Lunch<br/>1:00 Ukulele Jam<br/>1:00 Grief Support<br/>1:00 Mahjongg</p>  | <p>4</p> <p><b>CLOSED<br/>For<br/>Independence<br/>Day</b></p>  | <p>5</p> <p>9:30 Fitness Class<br/>10:00 Coffee Shop Talk<br/>11:00 Dog Walking Grp<br/>12:00 Lunch<br/>12:30 Duplicate Bridge<br/>12:30 Canasta/Pinochle</p>  |
| <p>8</p> <p>9:00 Chair Yoga<br/>9:00 Knit &amp; Crochet<br/>9:30 Fitness Class<br/>12:00 Lunch<br/>12:30 Fiber Arts<br/>12:30 Canasta</p>                        | <p>9</p> <p><b>COOKIE DAY!</b><br/>9:00 Transportation*<br/>9:00 Reiki*<br/>10:00 Tai Chi<br/>12:00 Lunch<br/>12:00 Party Bridge<br/>12:30 Social Hour<br/>12:30 Games</p>  | <p>10</p> <p>9:30 Fitness Class<br/>9:30 Quilting<br/>10:00 Notary*<br/>10:00 Creative Crafting<br/>12:00 Lunch<br/>1:00 Chiropractor*<br/>1:00 Grief Support<br/>1:00 Mahjongg</p>                                     | <p>11</p> <p>9:00 Transportation*<br/>9:00 Acupuncture*<br/>9:00 Woodcarving<br/>10:00 Guitar Lessons*<br/>11:15 Tai Chi for 50+<br/>12:00 Lunch<br/>12:00 Needle Arts<br/>1:00 Bingo<br/>1:00 Tech Help*</p> | <p>12</p> <p>9:00 Counseling*<br/>9:30 Fitness Class<br/>9:30 Legal Consult*<br/>10:00 Coffee Shop Talk<br/>11:00 Dog Walking Grp<br/>12:00 Lunch<br/>12:30 Duplicate Bridge<br/>12:30 Pinochle/Canasta</p>                          |
| <p>15</p> <p>9:00 Chair Yoga<br/>9:00 Acupuncture*<br/>9:00 Knit &amp; Crochet<br/>9:30 Fitness Class<br/>12:00 Lunch<br/>12:30 Fiber Arts<br/>12:30 Canasta</p> | <p>16</p> <p>9:00 Transportation*<br/>9:00 Foot Care*<br/>10:00 Tai Chi<br/>10:00 Homage Talk<br/>10:30 Book Club<br/>12:00 Lunch<br/>12:00 Party Bridge<br/>12:30 Social Hour<br/>12:30 Games<br/>1:00 SnoIsle Tech Hour<br/>1:00 Cards of Encour.</p> | <p>17</p> <p>9:30 Casino trip<br/>9:30 Fitness Class<br/>9:30 Quilting<br/>10:00 Notary*<br/>10:00 Creative Crafting<br/>12:00 Lunch<br/>11:00 SHIBA*<br/>1:00 Ukulele Jam<br/>1:00 Grief Support<br/>1:00 Mahjongg</p> | <p>18</p> <p>9:00 Transportation*<br/>9:00 Counseling*<br/>9:00 Woodcarving<br/>9:30 Massage*<br/>10:00 Guitar Lessons*<br/>11:15 Tai Chi for 50+<br/>12:00 Lunch<br/>12:00 Needle Arts<br/>1:00 Poker</p>    | <p>19</p> <p>9:00 Reflexology*<br/>9:30 Fitness Class<br/>10:00 Coffee Shop Talk<br/>11:00 Dog Walking Grp<br/>12:00 Lunch<br/>12:30 Duplicate Bridge<br/>12:30 Pinochle/Canasta</p>   |
| <p>22</p> <p>9:00 Chair Yoga<br/>9:00 Knit &amp; Crochet<br/>9:30 Fitness Class<br/>12:00 Lunch<br/>12:30 Fiber Arts<br/>12:30 Canasta<br/>12:30 Art Class</p>   | <p>23</p> <p>9:00 Reiki*<br/>10:00 Tai Chi<br/>12:00 Lunch<br/>12:00 Party Bridge<br/>12:30 Social Hour<br/>12:30 Games</p>   | <p>24</p> <p>9:00 Chuckanut Drive<br/>9:30 Fitness Class<br/>9:30 Quilting<br/>10:00 Notary*<br/>10:00 Creative Crafting<br/>12:00 Lunch<br/>1:00 Chiropractor*<br/>1:00 Grief Support<br/>1:00 Mahjongg</p>            | <p>25</p> <p>9:00 Transportation*<br/>9:00 Woodcarving<br/>10:00 Guitar Lessons*<br/>11:15 Tai Chi for 50+<br/>12:00 Lunch<br/>12:00 Needle Arts<br/>1:00 Bingo<br/>1:00 Journaling class</p>                 | <p>26</p> <p>9:00 Counseling*<br/>9:30 Fitness Class<br/>9:30 Legal Consult*<br/>10:00 Coffee Shop Talk<br/>11:00 Dog Walking Grp<br/>12:00 Lunch<br/>12:30 Duplicate Bridge<br/>12:30 Pinochle/Canasta<br/>2:00 Hearing Clinic*</p> |
| <p>29</p> <p>9:00 Chair Yoga<br/>9:00 Knit &amp; Crochet<br/>9:30 Fitness Class<br/>12:00 Lunch<br/>12:30 Fiber Arts<br/>12:30 Canasta</p>                       | <p>30</p> <p>10:00 Tai Chi<br/>12:00 Lunch<br/>12:00 Party Bridge<br/>12:30 Social Hour<br/>12:30 Games</p>   | <p>31</p> <p>9:30 Fitness Class<br/>9:30 Quilting<br/>10:00 Notary*<br/>10:00 Creative Crafting<br/>12:00 Lunch<br/>1:00 Grief Support<br/>1:00 Mahjongg<br/>4:30 Dine Out Trip</p>                                     | <p><b>Main Hall<br/>Pilchuck Room<br/>Glacier Peak Room<br/>Cascade Room<br/>Sky River Room<br/>Library</b><br/>*appointment needed</p>   | <p><b>Saturday<br/>July 20<br/>Not Your<br/>Grandma's Bingo<br/>5:00pm</b></p>   |