| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Holiday Closure <br> Happy New Year! | Cheese Ravioli w/ Marinara and Parmesan Brussel Sprouts Garlic Bread Peach Cup | Stuffed Bell Peppers <br> Steamed Rice <br> Succotash <br> Fresh Fruit <br> Dinner Roll | Vegetable Soup Grilled Chicken Sandwich w/ Lettuce and Tomato Sweet Potato Fries Mixed Fruit | Smothered Pork Chops <br> Mashed Potatoes and Stuffing <br> Sweet and Sour Cabbage Fresh Fruit |
| Coleslaw <br> Fish and Chips w/ tartar and ketchup <br> Corn Muffin <br> Pears | Baked Potato Soup Grilled Ham and Cheese Carrots w/ Ranch Cup Applesauce | 10 Red Beans and Rice Bowl w/ Beef Sausage, Red Beans, Pepper and Onions and Rice. Dinner Roll Fresh Fruit | Pea and Cheese Salad <br> Garden Burger w/ Lettuce <br> and Tomato <br> Tater Tots <br> Mandarin Oranges | Salisbury Steak and gravy <br> Mashed Potatoes <br> Green Beans <br> Apricots <br> Dinner Roll |
| Holiday Closure <br> MLK Jr. Day | Chicken Pot Pie w/ biscuit top <br> Steamed Broccoli <br> Pudding <br> Fresh Fruit |  17 <br> Tossed Salad  <br> Savory Bean Soup  <br> Cornbread  <br> Cookie  <br> Applesauce  <br>   |  18 <br> Garden Salad  <br> Dijon Chicken  <br> Orzo  <br> Peas  <br> Dinner Roll  <br> Pineapple  <br>   | Coleslaw <br> BBQ Pulled Pork Sandwich Potato Wedges Fresh Fruit |
|  22 <br> Asian Slaw  <br> Peanut Chicken  <br> Sesame Noodles  <br> Stir Fry Vegetables  <br> Pears  <br>   |  23 <br> Yogurt Cup  <br> Spanish Omelet  <br> Roasted Potatoes  <br> Muffin  <br> Fruit Cup  | Broccoli Salad <br> Roast Beef and Swiss Cheese on Kaiser Roll Potato Wedges Applesauce |  25 <br> Garden Salad  <br> Spaghetti and Meatballs  <br> Steamed Broccoli  <br> Breadstick  <br> Mixed Fruit  |  26 <br> Meatloaf and gravy  <br> Baked Potato  <br> Steamed Carrots  <br> Peach Cup  <br> Dinner Roll  |
| Fiesta Salad Chicken Soft Taco w/ shredded lettuce, cheddar cheese, salsa and sour cream Spanish Rice Mandarin Oranges |  30 <br> Pea and Cheese Salad  <br> Sloppy Joes on a bun  <br> French Fries  <br> Tropical Fruit  | Spinach Salad <br> Lemon Pepper Pollock <br> Rice Pilaf <br> Fresh Fruit <br> Dinner Roll |  |  |

Suggested meal donation for eligible persons is $\$ 4.00$. For non-eligible persons, cost is $\$ 8.00$ per meal

