

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Stuffed Bell Pepper Rice Mixed Vegetables Fresh Fruit Dinner Roll	2 Homemade Vegetable Soup Grilled Turkey and Cheese sandwich Chips Applesauce	3 Spaghetti and Meat Sauce w/Parmesan Garlic Bread Steamed Broccoli Fresh Fruit	4 Coleslaw Fish and Chips w/ Tarter Mixed Fruit Dinner Roll
7 Spanish Omelet Hash brown Yogurt Cup Apple Juice Fresh Fruit	8 Baked Salmon Baked Potato w/ Sour Cream Garden Vegetables Dinner Roll Peaches	9 Golden Baked Chicken Rice Steamed Carrots Dinner Roll Fresh Fruit	10 Country Fried Steak w/Country Gravy Seasoned Red Potatoes Green Beans Apricots Dinner Roll	11 CLOSED 
14 Cabbage Roll Rice Mixed Vegetables Peaches Dinner Roll	15 Pea and Cheese Salad Tuna Melt w/ Lettuce and Tomato on the Side Fresh Baked Cookie Chips Pineapple	16 Broccoli Salad Swedish Meatballs over Egg Noodles Peas Dinner Roll Fresh Fruit	17 Carrot Raisin Salad Grilled Chicken Sandwich w/ Lettuce and tomato French Fries Mixed Fruit	18 Bratwurst on bun Sauerkraut Chips Pears
21 Grilled Seasoned Chicken Breast Macaroni and Cheese Peas Fresh Fruit Dinner Roll	22 Cheese Ravioli w/ Marinara and Parmesan Steamed Spinach Garlic Bread Fresh Fruit	23 Chicken and Rice Soup Chicken Salad on Croissant Fresh Veggies and Dip Peaches	24 CLOSED Holiday Observance 	25 CLOSED Holiday Observance 
28 Salisbury Steak Mashed Potatoes w/ gravy Green Beans Fresh Fruit/ Dinner Roll	29 Teriyaki Chicken Bowl w/rice and steamed vegetables Dinner Roll Fresh Fruit	30 Vegetarian Lasagna Side Caesar Salad Winter Mix Vegetables Breadstick Fresh Fruit		

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.

Suggested meal donation for eligible persons is \$4.00. For non-eligible persons, cost is \$8.00 per meal