



Monday	Tuesday	Wednesday	Thursday	Friday
1 Spanish Omelet Turkey Sausage Hashbrown Peach Cup Yogurt	2 Crispy Chicken Sandwich w/ lettuce and tomato French Fries Sweet Corn Salad Fresh Fruit	3 Broccoli Salad Warm Ham and Swiss on Ciabatta Bun Sweet Potato Fries Banana	4 Steak Soft Taco w/ lettuce tomato, cheddar, and sour cream. Black Beans Spanish Rice/ Pears	5 Lemon Pepper Pollock Baked Potato w/ sour cream Garden Vegetables Mandarin Oranges
8 Pea and Cheese Salad French Dip w/ Au Jus Potato Wedges Pudding Fresh Fruit	9 Spaghetti w/ meatballs Garlic Bread Steamed Broccoli Mixed Fruit	10 Cucumber Salad Salmon Burger w/ lettuce and tomato Potato Wedges Fresh Fruit	11 Black Bean Salad Southwest Chicken Bake Steamed Rice Pineapple Dinner Roll	12 Taco Salad: Tortilla Chips, Beef, Lettuce, Shredded Cheddar, Salsa, Sour Cream Refried Beans Fresh Fruit
15 Garden Salad French Bread Pizza Tropical Fruit Brownie	16 BBQ Pulled Chicken on bun Roasted Red Potatoes Peas and Carrots Fresh Fruit	17 Garden Salad Baked Fish w/tartar Rice Pilaf Banana Dinner Roll	18 Chef Salad: Romaine, Ham and Turkey, Boiled Egg, Cucumber, Tomato, Cheddar Dinner Roll Cookie / Fresh Fruit	19 Garden Salad Salisbury Steak Mashed Potatoes and Gravy Dilled Carrots Dinner Roll
22 Chicken Caesar Wrap Chips Cookie Fresh Fruit	23 Stuffed Peppers Steamed Rice Broccoli Pears Dinner Roll	24 Cheeseburger w/ lettuce and tomato Baked Beans Potato Salad Watermelon	25 French Toast Bake Syrup Scrambled Eggs Sausage Banana	26 Grilled Turkey and Cheese on Flat Bread Carrots w/ Ranch Chips Fresh Fruit
29 Vegetable Soup Chicken Salad on Croissant w/ lettuce and tomato Fresh Fruit Juice	30 Tomato Salad Baked Chicken Wild Rice Dinner Roll Mandarin Oranges	31 Sweet and Sour Meatballs Steamed Rice Stir Fry Vegetables Fresh Fruit Dinner Roll		

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.