




Monday	Tuesday	Wednesday	Thursday	Friday
 <p>MONROE COMMUNITY SENIOR CENTER</p>				1 Garden Salad French Bread Pizza Peaches Cookie
4 Black Bean Salad Chicken Fajita w/ salsa and sour cream Spanish Rice Pears	5 Grilled Cod Rosemary Potatoes Garden Vegetables Applesauce Dinner Roll	6 Broccoli Salad BBQ Pulled Chicken on bun Potato Wedges Banana	7 Garden Salad Red Bean and Rice Bowl w/ Kielbasa and Grilled Veggies Fresh Fruit	8 Homemade Vegetable Soup Crispy Chicken Salad w/ tomatoes, cucumber, shredded cheddar, and dressing Mixed Fruit
11 Garden Salad Coconut Curry Chicken Stew Rice Fresh Melon	12 Coleslaw Crispy Fish Fillet on Hoagie Roll w/ Lettuce and Tarter French Fries Fresh Fruit	13 Meatloaf Mashed Potatoes and Gravy Green Beans Peaches	14 Soup and Sandwich Fruit	15 Oven Fried Chicken Baked Sweet Potato w/ Honey Butter Fresh Green Beans Fresh Fruit
18 Chicken Alfredo Garlic Bread Winter Mix Vegetables Fresh Fruit	19 Sausage Lentil Soup Egg Salad Sandwich Chips Applesauce	20 Chicken Chili w/ shredded cheese Tortilla Chips/Salsa Pineapple Cookie	21 Beef Pot Roast Soup Grilled Cheese Side Salad Orange Slices	22 Lemon Pepper Drumsticks Harvest Rice Pilaf Broccoli Florets Mandarin Oranges Dinner Roll
25 Garden Salad Spaghetti w/ meat sauce Garlic Bread Broccoli Fresh Fruit	26 Pork Chop Patty Scalloped Potatoes Pinto Beans Dilled Carrots Pears	27 Grilled Chicken Sandwich w/ lettuce and tomato Sweet Potato Fries Chocolate Chip Cookie Peaches	28 Lasagna Breadstick Broccoli Fresh Fruit	29 Halloween Drive thru lunch Bratwurst w/sauerkraut and peppers Potato Salad & Dessert