# The Grapevine

March/
April 2021

## April is National Volunteer Month!

Volunteers and their amazing hearts, generous souls, and skills beyond compare, make our world more connected and enormously more beautiful.

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A publication from the Monroe Community Senior Center

# ABOUT MCSC

**Center Hours**

Monday-Friday

(Covid-19 reduced hours 9:00am-3:00pm)

Contact

Phone: 360.794.6359

Email: info@mcsc.org

Staff

**Executive Director**

Jacob McGee director@mcsc.org

**Program Manager**

Candace Ranz programs@mcsc.org

**Activities Coordinator**

Daisy Chavez activities@mcsc.org

**Reception Coordinator**

Kim Winston reception@mcsc.org

Kim Borup

**Kitchen Staff**

Cheryl Hopkins

**Transportation Drivers**

Larry Hewitt, Kayla Fitzsimmons

Mariah Fitzsimmons

Board of Directors

**President**: Craig Hertz

**1st Vice President** Jill Ruth

**2nd Vice President**: Todd Strickler

**Secretary**: Lory Tossey

**Treasurer**: Julie Moyer

**Board Members At Large:**

Joan Brown, Joan Gerrish,

Denise Jacobsen, Loretta Johnson,

Johanna Keen, Robin Parker,

Lora Stonebridge

Board meetings are held on the 4th Friday of the month at 8:30am. If you would like to be included on the agenda, please contact director@mcsc.org mcscboardofdirectors@gmail.com

**The Mission of the Monroe Community Senior Center is to promote the physical, emotional, and economic well-being of older adults and to promote their participation in all aspects of community life.**

When you become a Supporting Member, you'll enjoy many benefits such as receiving The Grapevine newsletter in your mailbox, as well as discounted rates on trips, health services, classes, groups, and facility rentals.

**The annual supporting membership rate is:**
**$30 per individual or $50 per family (same residence).**
**Lifetime Legacy Membership $300 per individual or $500 per family**

Your lifetime membership will keep MCSC going strong for years through our endowment fund.

Like us on Facebook!

*The trick to aging gracefully is to enjoy it.*

STORAGE COURT MONROE

16825 Tye Street SE
360.282.5880
www.storagecourt.com

# FROM THE DIRECTOR

**Happy Spring to you! So far this winter has been mild for our region, which has been okay since we have had so many other issues to deal with! I hope you and yours are staying safe and sound. If there is anything the Senior Center can do for you, please let us know. We are working on a partnership with Pharm A Save for COVID-19 vaccines. Please stay tuned or give us a call for more information.**

**During this unprecedented year of challenge and change, I would like to extend a huge thank you to the many people who gave of their time to keep the Senior Center functioning. There are many people behind the scenes keeping the book/puzzle cart and the library organized and reorganized. Many people work together by themselves daily for a common goal of making sure Seniors are kept fed with at least one good meal daily. These volunteers combine to create over 185 meals each week! The board of directors, each of whom support the Senior Center in many different ways, are always working toward the best possible Senior Center around. The Thrift Store, our only revenue generating activity at this time, operates because of the dedication of many volunteers. Making calls to check in on our participants is being done by volunteers with big hearts. In fact, all of our volunteers must have the largest hearts around. Because of the work they do, the Senior Center is a better place, and because of this the community is a better place. I want to take a minute and really and truly thank all of you that volunteer here at MCSC. You sincerely are appreciated and valued so much. You make the world a lovelier and more enjoyable place. Thank you for your dedication and thank you for you!**

**Jacob McGee, Director | 360-794-6359 |**

# TRANSPORTATION & THRIFT STORE

WE'RE OPEN!

## FABULOUS FINDS THRIFT SHOP

**Open Monday- Friday 10:00am-2:00pm**

~~~~~BRING IN YOUR DONATIONS~~~~~

WE ACCEPT HOUSEWARES, CLOTHING, LINENS, JEWELRY, ART, SMALL ELECTRONICS, ETC.

The shop is staffed by the most amazing volunteers. All proceeds go directly to the operations and programs of the Senior Center.

Do you need a ride around Monroe?

Are you 60 or older?

This service may be perfect for you!

**Monroe Community Senior Center offers transportation every Thursday. This door to door service provides access to shopping, medical appointments, pharmacy pick up and other activities.**

**Cost is $1.50 per stop. Call 360-794-6359 to see if you are in our area of service and to find out more about this amazing service!**

This service is partially funded by the City of Monroe.
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# A NOTE FROM MCSC

**MCSC has been receiving many inquiries about when we will reopen for group activities, events and trips. In response, we continue to operate using an abundance of caution for everyone's benefit and will open for those things when it is absolutely safe to do so. Until then, we continue to offer Grab and Go meals and one-on-one appointments for health, personal and professional services. Transportation is offered every Thursday and our Fabulous Finds Thrift Shoppe is open 10am-2pm for donations and shopping.**
**Staff is here Monday-Friday 9am-3pm to answer any questions or concerns you have. We look forward to seeing all of you here at the Center as soon as it is safe to come together again.**
**As you're aware, things constantly change, so the information in this newsletter is accurate up to mid-February when it went to print.**

## MCSC continues to serve over 185 Grab & Go meals per week to our Senior Community Members.

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Meals are available for contactless pick up Monday-Friday at 12:00pm right outside our front doors. Suggested donation is $3.00 per meal. Frozen meals are available upon request.
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~

# WE ARE OPEN FOR APPOINTMENTS! *CALL 360.794.6359*

## ~~~~Reflexology~~~~

Reflexology is a form of bodywork that involves applying pressure to the hands and feet to produce changes in pain and other benefits elsewhere in the body. Separate appointments need to be made for hands and feet. Make an appointment today for your 45 min session with our trained reflexologist.
$35 for MCSC Members/$40 for guests

## ~~~~Foot Care~~~~

The foot is a complicated body part, home to 26 bones! This complexity and the heavy-duty, wear-and-tear they endure over the years places a lot of stress and strain on our feet over the years. Our certified Foot Care Specialists will get your feet in tip top shape. Call for an appointment.
$40 for MCSC Members $45 guest $45 for guests

## ~~~~Teeth Cleaning~~~~

Your visit will include full service teeth and denture cleaning, fluoride application, measurement of gum pockets, oral cancer screening, and referral to a local dentist if needed, all for a low cost. Must be 50 years or older. Please call **(206) 650-3272** for an appointment.

## ~~~~Haircuts~~~~

Make an appointment with Rose and she'll fix you up with a new do!
$12 MCSC Member/$15 for guests

## ~~~~Tech Help~~~~

Do you have questions about your laptop, phone or tablet? Make an appointment to meet with Mark and he will help you find your way through the electronic world. **Free** to MCSC Members.

## ~~~~2-1-1 Assistance~~~~

Help with food, rent assistance and COVID related hardships is available. Elizabeth from 2-1-1 will be here to help you navigate through the system and get the help you need! 2-1-1 partners with services statewide to meet community needs and get help into peoples hands. Appointments are **free** to all. Call 360-794-6359 to schedule.

## ~~~~Hearing Clinic~~~~

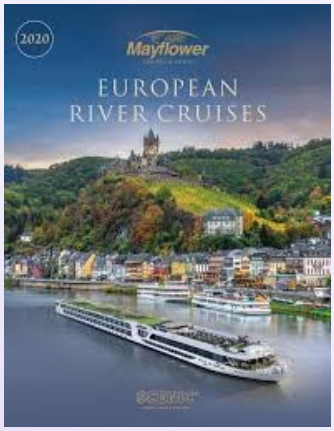
Get a hearing test or have your hearing aid serviced. This service is provided by MCSC board president & hearing specialist, Craig Hertz. Appointments are **free** to MCSC Members. Call 360-794-6359 to schedule

## ~~~~Legal Help~~~~

Need your will and power of attorney for financial and\or medical done? Do you need to do a probate? Are you having any issues with a situation regarding landlord/tenant laws? 30 min. appointments are **free** to MCSC Members. Call MCSC 360-794-6359 to schedule.

# EUROPEAN RIVER CRUISE *MOVED TO 2022!*

The cruise has been moved to April 2022! Make your reservation now!
FREE AIRFARE will be extended until March 31,2021




## ~~~*Tulip Time on Jewels of the Rhine*~~~

### *European River Cruise and Tour*

**Netherlands ~ Germany ~ France ~ Switzerland**

**~~~~~~~~~~April 16 - 26, 2022~~~~~~~~~~**

Enjoy a relaxing and inspiring cruise on the romantic Rhine, Europe's longest river. Travel onboard a luxurious river ship, during tulip time, visiting iconic ports of call, sampling incredible cuisine and absorbing the local culture.

Exceptional inclusions like 23 meals, airport transfers and 2 night hotel stay in Lucerne, Switzerland.
$4,449 - $5,949 double occupancy
(depending on cabin location)
Call 360-794-6359, ask for Candace or
email programs@mcsc.org

Mayflower
CRUISES & TOURS

# RESOURCES

| NAME | PHONE | HOW THEY HELP |
|---|---|---|
| **AARP** | 888-687-2277 | Senior advocates and resources, Medicare questions answered |
| **Catholic Community Services** | 425-257-2111 | Housing Help, addiction recovery, mental health services |
| **Community Transit** | 425-353-7433 | Transportation via bus system |
| **Crisis Line** | 800-584-3578 | For a crisis that can't wait until the next business day |
| **DART (Dial-A-Ride-Transportation)** | 425-347-5912 | Transportation |
| **GenPRIDE** | 206-393-3400 | Empowering LGBTQ+ Adults to live with pride and dignity. |
| **Helping Hands Donor Closet** | 425-712-1807 | Find medical equipment, diapers, pads, etc. - Everett |
| **Homage Senior Services** | 425-513-1900 | Resources for housing, home repair, services, transportation, etc. |
| **Matthew House** | 360-794-8720 | Assists families of the incarcerated |
| **Meals on Wheels** | 800-824-2183 | Meals delivered to your home. |
| **Med-Shed at Snohomish Evangelical** | 425-238-8482 | Find medical equipment, diapers, pads, etc. - Snohomish |
| **Monroe Chamber of Commerce** | 360-794-5488 | Monroe Business Connection |
| **Monroe City Hall** | 360-794-7400 | City of Monroe Government |
| **Monroe Community Senior Center** | 360-794-6359 | Activity and event Center for Seniors |
| **Monroe Police Department** | 360-794-6300 | Non-emergency phone number |
| **SHIBA** | 425-290-1276 | Free, unbiased, confidential assistance w/ Medicare |
| **Sky Valley Food Bank** | 360-794-7959 | Accepts donations of food and distributes food to those in need |
| **Take the Next Step** | 360-794-1022 | Community Resource Center - emergency help |
| **Transportation Assistance Program (TAP)** | 425-423-8517 | Transportation for older adults and people with disabilities outside of the DART service area |
| **Volunteers of America** | 2-1-1 | Rent assistance, support groups, food and shelter |
| **Women's Gospel Mission - Monroe** | 360-803-9003 | Provides homeless women a safe place |

## Your Senior Center Membership is Important!

**The Monroe Community Senior Center is a non-profit, self supported facility. Membership is available to all ages for a small annual fee which includes a bi-monthly newsletter, free activities, discounted rates on trips and facility rentals among other offerings. Membership makes a great gift!**

### Join or renew and share in all the fun!

(Membership form on page 14)

Mail your form and payment to:

Monroe Community Senior Center P.O. Box 602 Monroe, WA 98272

MONROE COMMUNITY SENIOR CENTER

# FREE PROFESSIONAL ASSISTANCE

| | | | |
|---|---|---|---|
| **LEGAL ASSISTANCE**<br>Free to local Seniors over 60. Michele Paratte is a general practitioner including Family Law, Estate Planning, Probate, among other topics. | 2nd and 4th Friday | 9:00am-10:00am | FREE<br>Call for your 30 minute appointment |
| **2-1-1 ASSISTANCE**<br>Elizabeth from 211 will be here to help you navigate through the system, to get the help you need! 2-1-1 partners with services statewide to meet community needs and get help into peoples hands. | 1st Wednesday | 11:00am-12:00pm | FREE<br>Call for appointment |
| **NOTARY SERVICES**<br>Jennine Linn of Dollars & Sense Bookkeeping is available for notary service. Call for appointment. | Thursday | 9:00am-2:00pm | FREE Members/ $10 guest donation |
| **TECH HELP WITH MARK THE TECH GUY**<br>Do you have questions about your laptop, phone or your tablet? Make an appointment today to meet with Mark and he will help you navigate through the electronic world. | 2nd Thursday | 1:00pm-2:00pm | FREE<br>Call for appointment |
| **STATEWIDE HEALTH INSURANCE BENEFIT ASSISTANCE**<br>SHIBA is a FREE service that can help answer questions regarding health insurance including Medicare, | Available by phone or Zoom appointments<br>SHIBA helpline 425-290-1276 | | |

# HEALTH AND WELLNESS

| | | | |
|---|---|---|---|
| **ENHANCE FITNESS (on hold)**<br>Enhance Fitness is a fun, dynamic cardiovascular exercise and strength class with a focus on balance and stretching.<br>Wear tennis shoes and bring a water bottle. | Monday<br>Wednesday<br>Friday | 9:30am-<br>10:30am | $2 per class/free for Kaiser Permanente members. Punch cards available at reception |
| **SENIOR SUPPORT GROUP (on hold)**<br>A peer support group where older adults can come together and share struggles, joys, doubts, fears, etc. and be supported. | 2nd Tuesday | 10:30am | FREE MCSC Member<br>$2 guest donation |
| **HAIRCUTS**<br>Make an appointment with Rose and she will fix you up with a new do! | Tuesday<br>March 30<br>May 11 | 10:00am-<br>12:20pm | $12 MCSC Member<br>$15 guest price |
| **FOOT CARE**<br>Our foot care specialists are meticulous, with a great attention to detail and a wealth of knowledge to help you with your foot issues. Call for appointment. | 3rd Tuesday<br>&<br>2nd & 4th<br>Thursday | 8:30am-<br>3:00pm | $40 MCSC Member<br>$45 guest price |
| **STRETCHING & TAI CHI (on hold)**<br>10 years younger and 10 years lighter in 30 minutes! These gentle, scientifically designed stretching exercises guided through the DVD Aging Backwards will have you feeling fantastic! | Tuesday<br>&<br>Thursday | 10:00am<br><br>11:00am | FREE MCSC Member<br>$2 guest donation |
| **ACUPUNCTURE**<br>Acupuncture is an essential part of traditional East Asian medicine with a continuous written history of over 2000 years. Wear loose fitting clothing and eat before treatment. | 4th Thursday<br>Call for appointment | 9:00am–<br>12:00pm | $20 MCSC Member<br>$25 guest price<br>45 minute session |
| **HEARING CLINIC**<br>Get a hearing test or your hearing aid serviced. This service is free and provided by MCSC board president & hearing specialist, Craig Hertz. | 4th Friday | 2:00pm-<br>3:00pm | FREE MCSC Member<br>Call for appointment. |
| **REFLEXOLOGY**<br>Reflexology stimulates the nerve endings which can improve circulation of the feet and legs through better oxygenation. Separate appointments need to be made for hands and feet. | 1st and<br>3rd Friday | 9:00am-<br>3:00pm | $15 for a 15 minute introductory session<br>***or*** $35 MCSC Member<br>$40 guest price<br>for 45 minute session |
| **TEETH CLEANING**<br>Your visit will include full service teeth and denture cleaning, fluoride application, measurement of gum pockets, oral cancer screening, and referral to a local dentist if needed, all for a low cost.<br>Must be 50 years and older. | 1st Thursday | 9:00am-<br>3:00pm | Call (206) 650-3272 for cost & appointment. |
| **TAI CHI FOR 50+ (on hold)**<br>This guided DVD class is perfect for Seniors, those with limited mobility, or anyone looking for some gentle exercise, the workout combines basic tai chi moves and energizing qigong exercises for an easy, whole-body workout. | Monday | 1:00pm | FREE MCSC Member<br>$2 guest donation |
| **WALKING GROUP (on hold)**<br>Lets get active! Meet at the Center and go stroll through Sky River Park. Bring a friend or pet. Walking has amazing health benefits! | 2nd & 4th<br>Thursday | 1:00pm | Free to all! |
| **BRAIN TRAINING (on hold)**<br>Exercise your brain to improve aspects of cognition like memory, attention, focus and brain speed. Brain training is like taking your brain to the gym. Come and exercise the power of the mind! | 2nd & 4th<br>Monday | 1:00pm | FREE MCSC Member<br>$2 guest donation |

# CHRISTMAS DRIVE-THRU DINNER

## 12-20-2020

SPONSORED BY:

BROOKDALE SENIOR LIVING

RAFFLE BASKET WINNERS

JEANETTE & PAT!

# DRIVE-THRU EASTER DINNER

## FRIDAY, APRIL 2, 2021

### 5:00PM - 6:00PM

**DINNER INCLUDES:**

HAM, VEGGIES, POTATOES,
ROLL & DESSERT

**$10**

**PER DINNER**

ALL AGES WELCOME
PAY AT TIME OF PICK UP

*(bring cash for the gift Raffle baskets!)*

PROCEEDS BENEFIT:

**MONROE COMMUNITY SENIOR CENTER**
**276 SKY RIVER PKWY**
**MONROE, WA 98272**

**PLEASE RSVP 360-794-6359 OR PROGRAMS@MCSC.ORG**

# FROM THE BOARD PRESIDENT

**Hello there. How have you been? Are you ready to be finished with winter?? Are you ready for the first blossoms to appear and the days to get a bit longer (or a lot longer)!**
**As much as I love all the seasons, there's something about the approach of spring. The promise of longer, warmer days. All the brand new green that surrounds us. It's as if the world is coming alive again and I am always ready for that.**
**Our sense of renewal is even greater this spring as much has happened over the past months. We've moved through a lot and gained insurmountably from it. We've hopefully learned to be more at peace with ourselves and to appreciate each other at a higher level. Now that we can be outside more easily and comfortably, you might consider doing just that. Plant something, weed something, prune and trim and feed the new growth of the year. If you don't have these opportunities where you live, there are flower beds and gardens at the Senior Center that will really benefit from your gardener's hands (experienced or not).**
**You know what happens when you nurture growth and the same is true for YOU. These experiences foster your own expansion. There will never be a point in your life where you are incapable of growing, inside and out. Each season offers additional opportunities for that and as always, we are here to provide as many experiences as we can to help you make your life it's best.**
**Thank you for all you have brought and continue to bring to our Center!!**
**To Living,**
**Craig**

MONROE COMMUNITY SENIOR CENTER

# Membership Form

**PLEASE PRINT CLEARLY**

***Annual Supporting Member*- Individual $30_____ Family $50____**
**Annual membership includes:** ●receive newsletter in mail ●discounted rate for trips, activities and rentals.
***Legacy Lifetime Member*- Individual $300_____ Family $500_____**
**Lifetime membership includes**: ●receive newsletter in mail ●discounted rate for trips, activities and rentals ●recognition on Legacy wall. ***Your lifetime membership will keep MCSC going strong for years through our endowment fund.***
**Membership $_____ Donation $_____ Total $_____**

| **Name:** | **Spouse/Partner Name:** |
|---|---|
| **Date of Birth:** | **Date of Birth:** |

**Home Phone:** _____ **Cell Phone:** _____ **May we text you? Yes** ____ **No**____

**Email Address:** _____

**Mailing Address:** _____ **Reside in Monroe City Limits? Yes**___ **No**___

**City:** _____ **State:** _____ **Zip:** _____

**Allergies: (in case of emergency)** _____

**Emergency Contact:** _____ **Relationship:** _____

**Emergency Home Phone:** _____ **Emergency Cell Phone:** _____

**Are you interested in Monthly Giving? Yes** _____ **No** _____

**Are you interested in learning how you can give a larger gift to MCSC? Yes** _____ **No** _____

I agree to Monroe Community Senior Center's (MCSC) Code of Conduct. I release MCSC and all of its agents from any liability for an accident, injury or damage of any kind to persons or property that might occur while participating in MCSC activities. By signing and initialing below, I give MCSC permission to use my photo in newsletters and other publicity and to receive periodic emails.

**Member Signature:** _____ **Date:** _____

**Member to initial and date if all contact info is current. If any info is incorrect, please complete a new form.**

| **RENEWALS** | **2021** | **2022** | **2023** | **2024** | **2025** |
|---|---|---|---|---|---|
| **Initials:** | _____ | _____ | _____ | _____ | _____ |
| **Date:** | _____ | _____ | _____ | _____ | _____ |
| **Would you like to include a donation?** | **$** _____ | **$** _____ | **$**_____ | **$** _____ | **$** _____ |

| **FOR OFFICE USE ONLY** | 2021 | 2022 | 2023 | 2024 | 2025 |
|---|---|---|---|---|---|
| Receipt Number: | _____ | _____ | _____ | _____ | _____ |
| Membership card given? | _____ | _____ | _____ | _____ | _____ |
| Membership expiration: | _____ | _____ | _____ | _____ | _____ |
| Info updated in Breeze? | _____ | _____ | _____ | _____ | _____ |

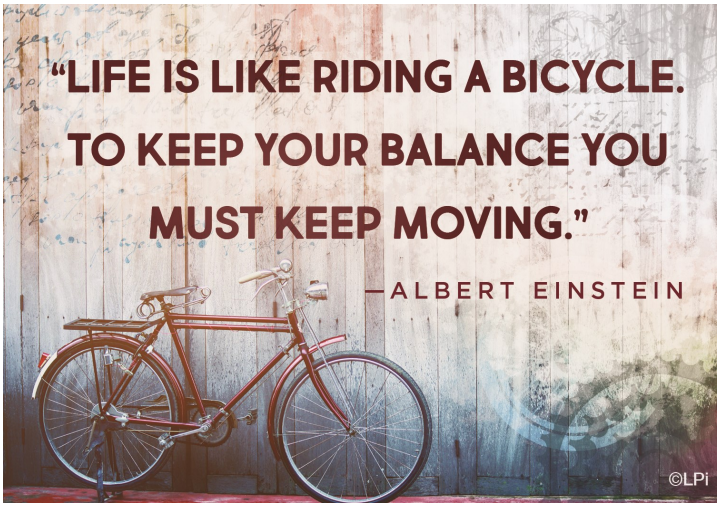
***Check-in call dates:*** _____* _____ *_____ *_____ *_____

## *Riddle me this...*

You have me today,
Tomorrow you'll have more;
As your time passes,
I'm not easy to store;
I don't take up space,
But I'm only in one place;
I am what you saw,
But not what you see.

*What am I?*

(answer on page 19)



# ACTIVITIES (ON HOLD)

| | | | |
|---|---|---|---|
| **KNIT & CROCHET**<br>Join this weekly group and meet other yarn enthusiasts. Work on current projects or start a new one. | Monday | 9:00am | Free to MCSC Members<br>$2 guest donation |
| **WATERCOLOR GROUP**<br>Get together with other artists and work on your projects. We will also discuss various topics, projects and critique paintings. | 1st & 3rd Monday | 12:30pm | Free to MCSC Members<br>$2 guest donation |
| **CARD MAKING/STAMPING**<br>Join in the fun and learn the simplicity of making creative and beautiful greeting cards. Includes materials and instruction. | 2nd Monday | 1:00pm | $10 MCSC Member<br>$15 guest price |
| **COLORING & CONVERSATION**<br>Bring coloring supplies and come learn some new coloring techniques. This is a great activity to sit and visit while creating unique works of art! | 2nd & 4th Tuesday | 10:00am | Free to MCSC Members<br>$2 guest donation |
| **BRAIN TRAINING**<br>Exercise your brain to improve aspects of cognition like memory, attention, focus, and brain speed. Brain training is like taking your brain to the gym. We will get together and do brain games, worksheets, and exercise the power of our minds. | 2nd & 4th Monday | 1:00pm | Free to MCSC members<br>$2 guest donation |
| **BOOK CLUB**<br>Read a book a month! Books are provided by Sno-Isle Libraries. | 3rd Tuesday | 10:30am | Free to MCSC Members<br>$2 guest donation |
| **CREATIVE CRAFTING**<br>Check out the lobby display case for the current class offerings. There is always something new and exciting to learn. | Wed | 10:00am | $7 class fee |
| **VILLAGE VOICES CHOIR**<br>Like to sing? Be a part of this passionate group of singers. Studies show that choral singing improves mood and decreases stress. | Wed | 10:45am | Free to MCSC Members<br>$2 guest donation |
| **LEARN TO PLAY GUITAR**<br>Whether you're young or old, there's no better feeling than learning to play an instrument. Call for appointment. | Wed | 9:30am | $10 MCSC member<br>$12 guest price per lesson |
| **QUILTING with the QUEEN BEE QUILTERS**<br>Come and join us as we sew quilts and other items for the Senior Center and other local charities. If you don't know how to quilt, we can guide you. We are looking to grow our group to help more people. | Wed | 9:30am | Free to MCSC Members<br>$2 guest donation |
| **WOODCARVING**<br>Visit while you carve, craft & learn new styles. Bring your project and tools. | Thursday | 9:00am | Free to MCSC Members<br>$2 guest donation |
| **Want to start a new activity, group or class?<br>See the MCSC Program Manager or Activity Coordinator<br>and share your ideas.** | | | |

# CARDS & GAMES (ON HOLD)

| | | | |
|---|---|---|---|
| **CANASTA:** Beginners and experienced players welcome. | Monday | 12:30 | Free to MCSC Members<br>$2 guest donation |
| **PARTY BRIDGE:** Beginners and experienced players welcome. | Tuesday | 12:30 | Free to MCSC Members<br>$2 guest donation |
| **BUNCO:** A fun dice game, beginners welcome! | Wed | 12:30 | Free to MCSC Members<br>$2 guest donation |
| **POKER:** Dealers Choice. Bring quarters, dimes and nickels. | 1st & 3rd Thursday | 1:00 | Free to MCSC Members<br>$2 guest donation |
| **BINGO:** Come play and you just might win some cash! | Thursday | 12:30 | $5 per packet. $1 powerball |
| **DUPLICATE BRIDGE:** All skill levels welcome. | Friday | 12:30 | Free to MCSC Members<br>$2 guest donation |
| **PINOCHLE:** A classic game, for any and all, new-comers welcome. | Friday | 12:30 | Free to MCSC Members<br>$2 guest donation |
| **RUMMIKUB:** A tile-based game for two to four players, new players welcome! | Friday | 12:30 | Free to MCSC Members<br>$2 guest donation |
| **MEXICAN TRAIN:** An easy to learn and fun domino game. | Tuesday | 12:30 | Free to MCSC Members<br>$2 guest donation |

**Celebrate Earth Day April 22, 2021**

# EARTH DAY

## WORD SEARCH

| | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| L | E | J | E | X | T | I | N | C | T | I | O | N | Q | E | M | R |
| N | N | N | L | M | S | C | L | G | N | H | D | M | E | C | S | I |
| O | U | C | O | A | E | N | I | N | E | Q | E | E | F | U | A | A |
| I | T | Y | A | Z | R | J | T | O | M | W | Z | Z | I | D | E | C |
| T | H | V | R | M | O | R | T | I | N | A | Z | W | L | E | L | V |
| U | W | P | E | L | F | L | E | T | O | T | B | Y | D | R | C | S |
| L | C | E | X | G | K | S | R | A | R | E | K | G | L | R | Y | M |
| L | O | O | K | Z | S | H | A | V | I | R | P | R | I | E | C | O |
| O | M | P | Z | B | S | A | B | R | V | N | L | E | W | S | E | G |
| P | P | L | F | A | W | G | K | E | N | R | A | N | L | O | R | E |
| N | O | E | R | M | L | Z | E | S | E | R | N | E | M | U | Q | A |
| A | S | T | I | O | H | S | X | N | E | F | E | J | L | R | S | P |
| E | T | W | B | I | U | E | L | O | R | J | T | L | P | C | E | R |
| C | D | A | A | E | U | G | T | C | U | Y | O | A | W | E | E | I |
| O | L | S | R | S | V | S | K | L | T | R | N | X | U | S | R | L |
| V | D | Y | L | O | T | V | F | L | A | D | Z | G | N | H | T | K |
| C | L | I | M | A | T | E | L | A | N | D | H | Q | G | Q | H | G |

Air
April
Clean
Climate
Compost
Conservation
Energy
Environment
Extinction
Forest
Global
Land
Litter
Nature
Ocean
Ozone
People
Planet
Pollution
Recycle
Reduce
Resources
Reuse
Smog
Trash
Trees
Waste
Water
Wildlife

Chain Lake SELF STORAGE
14911 Chain Lake Rd, Monroe |
(360) 805-1300 |
www.chainlakestorage.com

# SUPPORTING MEMBER BIRTHDAYS

## March Birthdays

| | |
|---|---|
| Sarah | Bishop |
| Lucie | Both |
| Sara | Brown |
| Steve | Dennis |
| Harriet | Enstedt |
| Frank | Fenimore |
| Gayle | Knisley |
| Margaret | LaReaux |
| Vida | LaVoy |
| Jeanette | Lovell |
| Barbara | McLaren |
| Margaret | Michaud |
| Margaret | Ohlsen |
| Joe | Paszek |
| Maureen | Paszek |
| Aisha | Sial |
| Elizabeth | Skalabrin |
| Jeanne | Trainor |
| Marianne | Vogel |
| Teresa | Waddell |
| Doug | Wilson |
| Kim | Winston |

## April Birthdays

| | |
|---|---|
| Myrna | Abanes |
| Orva | Anderson |
| Kristina | Ashment |
| Jim | Bell |
| Terry | Berg |
| Ken | Dempsey |
| Stephen | Dorn |
| Dennis | DuPont |
| Joe | Harrington |
| Christine | Himes |
| Cheryl | Hopkins |
| Marci | Hughes |
| Scott | Jamtaas |
| Allyn | Kyle |
| John | McClelland |
| Carol Ann | Pinto |
| Ella Mae | Roberts |
| Lory | Tossey |
| Jim | Walz |
| Lillian | Walz |
| Pat | Wans |

**The book, puzzle and game cart is available outside our front doors Monday-Friday 9:00am-3:00pm. Drop off or pick up. Free to all!**

**Riddle Answer:**
Memories

**Monroe Community Senior Center**
**276 Sky River Parkway | P.O. Box 602**
**Monroe | Washington | 98272**
**www.mcsc.org | 360-794-6359**

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