

# MCSC CAFÉ



## LUNCH MENU

Lunch served daily M-F Noon-12:25pm

Suggested donation for 60+ is \$3.00. For under 60 is \$7.50

Meals to go are available



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
 <b>LABOR DAY</b>  CLOSED	<b>Beef Stroganoff</b> Peas & Carrots Pears Dinner Roll	Lunch brought to you by   \$5.00	<b>Turkey Tetrazzini</b> Pea & Cheese salad Green Beans Tropical Fruit Dinner Roll	<b>Hot Roast Beef Sandwich</b> Mashed Potatoes Marinated Veggie Salad Dilled Carrots Pineapple
9	10	11	12	13
<b>Baked Four Cheese Pasta</b> Garden Salad Breadstick Brussel Sprouts Applesauce	<b>Grilled Cheese Sandwich</b> Split Pea Soup Roasted Sweet Potatoes Potatoes Fresh Fruit	<b>Turkey, Ham, &amp; Roast Beef Sandwich</b> Potato Chips Salad Dessert \$5.00	<b>Lemon Herb Pollock Fillet</b> Baked Potato Butternut Squash Fresh Fruit Dinner Roll	<b>Beef Soft Taco</b> Refried Beans Spanish Rice Fresh Fruit
16	17	18	19	20
<b>Mushroom Turkey with Noodles</b> Pea & Cheese Salad Vegetables Pears Dinner Roll	<b>Pork Pot Roast</b> Mashed Potatoes and gravy Garden Salad Peas Tropical Fruit	Take a trip to Brookdale for lunch at 12:30   \$5.00	<b>Southwest Chicken Bake on rice</b> Chopped Cucumber Salad Fresh Fruit Dinner Roll	<b>Spaghetti</b> Garden Salad Vegetables Breadstick Apricots
23	24	25	26	27
<b>Mac and Cheese</b> Green Beans Pears Dinner Roll	<b>Salisbury Steak</b> Mashed Potatoes and gravy Pickled Beet Salad Fresh Fruit Dinner Roll	Lunch brought to you by  \$5.00	<b>Grilled Chicken Burger</b> Sweet Potato Fries Black Bean Salad Tropical Fruit	<b>French Bread Pizza</b> Vegetable Soup Garden Salad Fresh Fruit
30				
<b>Loaded Baked Potato</b> Steamed Broccoli Apricots Dinner Roll				

