



Homage Senior Services Congregate Nutrition Program Menu

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1% milk, roll or bread, and fortified margarine are available with all meals.  <i>All fresh produce is subject to availability. Substitutions may be made without notice.</i>                      Suggested meal donation for eligible persons is \$3.00.                      For non-eligible persons, cost is \$7.50 per meal</p>		<p>1                      Tossed Salad                      Grilled Turkey &amp; Cheese Sandwich                      Veggies &amp; Dip                      Peaches</p>
<p>4                      Tomato salad                      Chicken chili w shredded cheddar in tortilla bowl                      Pineapple</p>	<p>5                        Mardi Gras salad                      Chicken Louisiana                      Red beans and rice                      Bananas foster                      bread pudding</p>	<p>6                      Lunch brought to you by                        \$5.00</p>	<p>7                      Spinach salad                      Hot roast beef sandwich                      Mashed potatoes                      Broccoli                      Seasonal fresh fruit</p>	<p>8                      Asian slaw                      Teriyaki chicken skewers                      Sesame noodles                      Stir fry vegetables                      Seasonal fresh fruit</p>
<p>11                      Fiesta salad                      Macaroni &amp; Cheese                      Stewed tomatoes                      Citrus sections</p>	<p>12                      Dilled cucumber salad                      Salmon burger on ww bun                      Baked beans                      Tropical fruit</p>	<p>13                      Turkey, Ham and Roast                      Beef Sandwich                      Potato Chips                      Macaroni Salad                      Dessert                      \$5.00</p>	<p>14                      Spinach salad                      Shepherd's pie w mashed potatoes                      Dilled carrots                      Mandarin oranges</p>	<p>15 <b>St Patrick's Day</b>                      Corned beef and cabbage                      Red potatoes                      Carrots                      Rye bread                      Apple duff</p>
<p>18                      Vegetable soup                      Hamburger on ww bun with lettuce and tomato                      Tropical fruit                      Brownie</p>	<p>19                      Asian slaw                      Sweet and sour chicken                      Rice                      Stir fry vegetables                      Mandarin oranges</p>	<p>20                      Take a trip to                        For lunch                      \$5.00</p>	<p>21                      Broccoli salad                      Smothered turkey with mushroom gravy                      Rice                      Brussels sprouts                      Seasonal fresh fruit</p>	<p>22                      Tossed salad                      Roast pork w scalloped apples                      Stuffing                      Green beans                      Seasonal fresh fruit</p>
<p>25                      Marinated vegetable salad                      Hearty lentil soup                      Rustic roll                      Seasonal fresh fruit</p>	<p>26                      Chef's Choice  </p>	<p>27                      Lunch brought to you by                        \$5.00</p>	<p>28  <b>Opening Day!</b>                      Ball park hot dog on bun with condiments                      Grand Slam baked beans                      Home run Dessert</p>	<p>29                      Tossed salad                      French dip on hoagie roll                      Potato wedges                      Seasonal fresh fruit</p>