

Homage Senior Services Congregate Nutrition Program Menu

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>31 Marinated vegetable salad Hearty lentil soup Rustic roll Seasonal fresh fruit/<i>Peaches</i></p>	<p>1 CLOSED  Happy New Year</p>	<p>2 Lunch brought to you by  \$4.00</p>	<p>3 Chicken soft taco w lettuce and tomato Rancho beans Spanish rice Pineapple</p>	<p>4 Tossed salad French dip on hoagie roll Potato wedges Seasonal fresh fruit</p>
<p>7 Fruit salad Spanish omelet Potato medley Cookie</p>	<p>8 Pea and cheese salad Swedish Meatballs on Noodles Scandinavian vegetables Seasonal fresh fruit</p>	<p>9 Pizza Party!! Pizza, Salad & Dessert \$4.00</p>	<p>10 Coleslaw Fish burger ww bun/ tartar sauce Sweet potato fries Seasonal fresh fruit</p>	<p>11 Tossed salad/crackers Meatloaf Baked potato w sour cream Dilled carrots Seasonal fresh fruit</p>
<p>14 Tossed salad Vegetable lasagna Scandinavian vegetables Bread stick Tropical fruit</p>	<p>15 Beet salad Chicken Pot Pie with vegetables & biscuit top Peaches</p>	<p>16 Take a trip to  for lunch at 12:30 \$4.00</p>	<p>17 Taco Salad with beef, cheese, rancho beans, chips, salsa and sour cream Mandarin oranges</p>	<p>18 Tossed salad Grilled turkey cheese sandwich Veggie & dip Peaches</p>
<p>21 CLOSED </p>	<p>22 Tossed salad/crackers Chicken Parmesan Spaghetti with marinara sauce Zucchini Garlic breadstick Fruit cocktail</p>	<p>23 Lunch brought to you by  \$4.00</p>	<p>24 Spinach salad Hot roast beef sandwich Mashed potatoes Broccoli Seasonal fresh fruit</p>	<p>25 Asian slaw Teriyaki chicken skewers Sesame noodles Stir fry vegetables Seasonal fresh fruit</p>
<p>28 Fiesta salad Macaroni & Cheese Stewed tomatoes Citrus sections</p>	<p>29 Dilled cucumber salad Salmon burger Baked beans Tropical fruit</p>	<p>30 Chef Cheryl's Choice  \$4.00</p>	<p>31 Spinach salad/croutons Shepherd's pie w mashed potatoes Dilled carrots Mandarin oranges</p>	<p> January <small>copyright © 2019</small></p>

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice. Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$7.50 per meal